

Middle School Football July/August 2019

Sunday July 28	Monday July 29	Tuesday July 30	Wednesday July 31	Thursday Aug. 1	Friday Aug. 2	Saturday Aug. 3
OFF	Conditioning/Skills 7pm to 8pm Shorts & Cleats	Conditioning/Skills 7pm to 8pm Shorts & Cleats	Equipment issue @ Old High School 6:30pm	Practice 6:30pm to 8:30pm Shorts & Helmet Only	Practice 6:30pm to 8:30pm Shorts & Helmet Only	OFF
Aug. 4	Aug. 5	Aug. 6	Aug. 7	Aug. 8	Aug. 9	Aug. 10
OFF	Practice 6:30pm to 8:30pm Shorts & Helmet Only	Practice 6:30pm to 8:30pm Helmet & Shoulder Pads	Practice 6:30pm to 8:30pm Helmet & Shoulder Pads	Practice 6:30pm to 8:30pm Helmet & Shoulder Pads	Picture Day Red Uniform Time- TBA	OFF
Aug. 11	Aug. 12	Aug. 13	Aug. 14	Aug. 15	Aug. 16	Aug. 17
OFF	Practice 3:15 to 5:30pm Full Pads	Practice 3:15 to 5:30pm Full Pads	Practice 3:15 to 5:30pm Full Pads	First Day of School Practice 3:15 to 5:30pm Full Pads	Practice 3:15 to 5:30pm Full Pads	OFF
Aug. 18	Aug. 19	Aug. 20	Aug. 21	Aug. 22	Aug. 23	Aug. 24
OFF	Practice 3:15 to 5:30pm Full Pads	Practice 3:15 to 5:30pm Full Pads	Practice 3:15 to 5:30pm Full Pads	Scrimmage @ Plymouth 5:30pm	Varsity Preview (H) Mapleton 7pm No Practice	OFF
Aug. 25	Aug. 26	Aug. 27	Aug. 28	Aug. 29	Aug. 30	Sept. 1
OFF	Practice 3:15 to 5:30pm Full Pads	Practice 3:15 to 5:30pm Full Pads	Practice 3:15 to 5:30pm Full Pads	Practice 3:15 to 5:30pm Full Pads	Varsity (H) Clear Fork	OFF