



FEBRUARY | 2023

FREDERICKTOWN SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 BREAKFAST: Pop Tart Juice, Milk & Fruit LUNCH: Chicken Tenders/Roll Green Beans Pineapple Milk	2 BREAKFAST: Breakfast Round Juice, Milk & Fruit LUNCH: Macaroni & Cheese Broccoli Apple Milk	3 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
6 NO SCHOOL	7 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Chicken Nuggets/Roll Green Beans Pineapple Milk	8 BREAKFAST: Omelet/Toast Juice, Milk & Fruit LUNCH: Ham & Cheese Sandwich Corn Apple Milk	9 BREAKFAST: Pancake Wrap Juice, Milk & Fruit LUNCH: Cheeseburger Waffle Fries Peaches Milk	10 BREAKFAST: Cereal Bar Juice, Milk, & Fruit LUNCH: Pizza Salad Applesauce Milk
13 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Bosco Sticks W/Sauce Broccoli Pears Milk	14 BREAKFAST: Cinnamon Roll Juice, Milk & Fruit LUNCH: Cheese Crunchers Fresh Veggies Apple Milk	15 BREAKFAST: Mini French Toast Juice, Milk & Fruit LUNCH: Quesadilla Refried Beans Orange Milk	16 BREAKFAST: Muffin Juice, Milk & Fruit LUNCH: Stir Fry HS/MS Corn Dog/Beans ELEM Mixed Fruit Milk	17 BREAKFAST: Breakfast Pizza Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
20 NO SCHOOL	21 BREAKFAST: Yogurt & Graham Juice, Milk & Fruit LUNCH: Chicken Sandwich Green Beans Pineapple Milk	22 BREAKFAST: Sausage Gravy & Biscuit Juice, Milk & Fruit LUNCH: Hot Dog Baked Beans Apple Milk	23 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: French Toast/Sausage Hash Brown Banana Milk	24 BREAKFAST: Mini Pancakes Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
27 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Chicken Tenders/Roll Green Beans Pineapple Milk	28 BREAKFAST: Muffin Juice, Milk & Fruit LUNCH: Sloppy Joe Corn Peaches Milk	1	2	3

News

Menu is subject to change due to Availability of product. K-5 is serve, 6-12 Offer vs serve, and this allows the students in 6-12 the right to refuse up to two lunch items or breakfast item on the planned menu. One item at lunch must be ½ cup of fruit or vegetable.

PRICES:

Breakfast: 1-5 \$1.25,
6-12 \$1.50, Adult \$2.00.

Reduced 0.30

Lunch: 1-5 \$2.45,
6-12 \$2.70, Adult \$4.00

Reduced \$0.40

USDA is an Equal Opportunity Provider.

EVERYDAY

HS/JR High Cold bar with fresh fruit and fresh vegetables.

Elementary Carrots are offered daily.