

## MARCH 2023

## FREDERICKTOWN SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	1 BREAKFAST: Pop Tart Juice, Milk & Fruit LUNCH: Cheese Crunchers Broccoli Apple Milk	2 BREAKFAST: Mini Waffles Juice, Milk & Fruit LUNCH: Beef & Cheese Nacho Refried Beans Orange Milk	3 BREAKFAST: Cereal Bar Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
6 BREAKFAST: Mini French Toast Juice, Milk & Fruit LUNCH: Bosco Sticks W/Sauce Broccoli Apple Milk	7 BREAKFAST: Doughnut Holes Juice, Milk & Fruit LUNCH: Chicken Nuggets/Roll Green Beans Pineapple Milk	8 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Quesadilla Black Beans Orange Milk	BREAKFAST: Sausage Gravy & Biscuit Juice, Milk & Fruit LUNCH: Cheeseburger French Fries Pears Milk	BREAKFAST: Pancake Wrap Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
13 BREAKFAST: Yogurt & Graham Juice, Milk & Fruit LUNCH: Hot Dog Baked Beans Mixed Fruit Milk	14 BREAKFAST: Omelet/Toast Juice, Milk & Fruit LUNCH: Ham & Cheese Sandwich Sun Chips Apple Milk	15 BREAKFAST: Mini Pancakes Juice, Milk & Fruit LUNCH: Chicken Drumstick Mashed Potato Orange Milk	16 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk	17 NO SCHOOL
20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL
27 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Chicken Patty Sandwich Green Beans Pineapple Milk	28 BREAKFAST: Cinnamon Roll Juice, Milk & Fruit LUNCH: Corn Dog Baked Beans Apple Milk	29 BREAKFAST: Bagel & Cream Cheese Juice, Milk & Fruit LUNCH: Grilled Cheese Soup (HS) Peaches Milk	30 BREAKFAST:  Muffin  Juice, Milk & Cheese  LUNCH:  French Toast/Sausage  Hash Brown  Banana  Milk	31 BREAKFAST: Breakfast Pizza Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk

## News