

SEPTEMBER | 2019



FREDERICKTOWN SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Chicken Nuggets/Roll Green Beans Pineapple Milk	4 BREAKFAST: Mini French Toast Juice, Milk & Fruit LUNCH: Sloppy Joe Corn Apple Milk	5 BREAKFAST: Sausage Gravy & Biscuit Juice, Milk & Fruit LUNCH: Corn Dog Baked Beans Orange Milk	6 BREAKFAST: Muffin Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
9 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Chicken Patty Sandwich Green Beans Pineapple Milk	10 BREAKFAST: Cinnamon Roll Juice, Milk & Fruit LUNCH: Ham & Cheese Tator Tots Apple Milk	11 BREAKFAST: Breakfast Pizza Juice, Milk & Fruit LUNCH: Beef & Cheese Nachos Black Beans Orange Milk	12 BREAKFAST: Cereal Bar Juice, Milk & Fruit LUNCH: Macaroni & Cheese/Roll Broccoli Peaches Milk	13 BREAKFAST: Pop Tart Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
16 Breakfast: Mini Waffles Juice, Milk & Fruit LUNCH: Quesadilla Refried Beans Orange Milk	17 BREAKFAST: Bagel & Cream Cheese Juice, Milk & Fruit LUNCH: Cheese Crunchers Fresh Veggies Mixed Fruit Milk	18 LATE ARRIVAL NO BREAKFAST LUNCH: Chicken Tenders/Roll Green Beans Pineapple Milk	19 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: French Toast/Sausage Hash Brown Juice Milk	20 BREAKFAST: Pancake Wrap Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
23 BREAKFAST: Yogurt & Graham Juice, Milk & Fruit LUNCH: Chicken Nuggets/Roll Green Beans Pineapple Milk	24 BREAKFAST: Donut Holes Juice, Milk & Fruit LUNCH: Bosco Sticks W/Sauce Broccoli Apple Milk	25 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Hot Dog Baked Beans Pears Milk	26 BREAKFAST: Omelet/Toast Juice, Milk & Fruit LUNCH: Cheeseburger Waffle Fries Orange Milk	27 BREAKFAST: Mini Pancakes Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
30 BREAKFAST: Muffin Juice, Milk & Fruit LUNCH: Chicken Patty Sandwich Green Beans Pineapple Milk	1 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Soft Taco Refried Beans Orange Milk	2 BREAKFAST: Breakfast Pizza Juice, Milk & Fruit LUNCH: Cold Sub Corn Grapes Milk	3 BREAKFAST: Pop Tart Juice, Milk & Fruit LUNCH: Grilled Cheese/Pickle Soup Peaches Milk	4 BREAKFAST: Sausage Gravy & Biscuit Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk

News

Menu is subject to change due to availability of product. Fredericktown School Utilizes a provision of the national school lunch program referred to as OFFER VS SERVE. This allows the students the right to refuse up to two lunch items or breakfast item on the planned menu. One item at lunch must be ½ cup of fruit or vegetable. If the child refuses one or two items the full price is still charged, therefore we encourage students to take the full menu offered.

PRICES:
Breakfast: 1-5 \$1.25,
6-12 \$1.50, Adult \$1.85.
Reduced 0.30
Lunch: 1-5 \$2.35,
6-12 \$2.60, Adult \$3.35
Reduced \$0.40

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EVERYDAY
HS/JR High: Cold bar with fresh fruit and fresh vegetables.
Elementary: Carrots are offered daily.