

FREE 6-WEEK CLASS!

Parents and Teens:

*Improve your relationship
Transform your future*



**FOR
TEENS**

Teens in Action

You have the power to shape your future!
Teens in Action is about learning how to take control of your own life because your future is not a matter of *chance*... it's a matter of *choice*!

This six-session program can help you make the most of being a teenager and figure out where to go from here. Each session is packed with activities, videos, and discussion on topics that really matter. You'll learn:

- + The secret to gaining freedom
- + Communication skills that work in any situation
- + How to solve problems creatively
- + How to get along with all kinds of people

Active Parenting of Teens

See the difference in your teen...
Get the latest information on communicating with your teen, direction with discipline, and insight into today's teen issues.

More than 3 million parents have taken an Active Parenting of Teens video-based course. Sign up today to see the difference in your teen:

- + More cooperation
- + Better behavior
- + Improved grades
- + Greater confidence

...and happier family life for all of you!

**FOR
PARENTS**

Sponsored by:



Funding provided by:



A project of the Knox County Parent Support Initiative with generous support from the Ariel Foundation

Dates: March 14, 21, 28 & April 4, 18, 25

Time: 5-8 p.m.

Location: Apostolic Church

1635 West 229 Mt. Vernon, Ohio 43050

Details:

Dinner is provided to families during class. Families receive one \$5 gas stipend for each session attended. Parents receive one \$50 gift card for completion of all six sessions. Teens receive one \$50 gift card for completion of all six sessions.

REGISTER:

**Susan McDonald at (740) 393-6985
or smcdonald@knoxheadstart.org**