

# APRIL | 2019

## FREDERICKTOWN SCHOOL



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Chicken Tenders/Roll Green Beans Pineapple Milk	2 BREAKFAST: Muffin Juice, Milk & Fruit LUNCH: Hot dog Baked Beans Apple Milk	3 BREAKFAST: Mini Waffles Juice, Milk & Fruit LUNCH: Ham & Cheese Corn Peaches Milk	4 BREAKFAST: Yogurt & Graham Juice, Milk & Fruit LUNCH: Cheese Crunchers Broccoli Orange Milk	5 BREAKFAST: Pop Tart Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
8 BREAKFAST: Bagel & Cream Cheese Juice, Milk & Fruit LUNCH: Bosco Sticks W/Sauce Broccoli Apple Milk	9 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Chicken Nuggets/Roll Green Beans Pineapple Milk	10 BREAKFAST: Pancake Wrap Juice, Milk & Fruit LUNCH: Cheeseburger French Fries Mixed Fruit Milk	11 BREAKFAST: Omelet/Toast Juice, Milk & Fruit LUNCH: Taco Refried Beans Orange Milk	12 BREAKFAST: Mini Pancakes Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
15 BREAKFAST: Cereal Bar Juice, Milk & Fruit LUNCH: Corn Dog Baked Beans Pears Milk	16 BREAKFAST: Breakfast Pizza Juice, Milk & Fruit LUNCH: Grilled Cheese Soup Orange Milk	17 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Chicken Sandwich Green Beans Pineapple Milk	18 BREAKFAST: Donut Holes Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk	19 NO SCHOOL
22 BREAKFAST: Muffin Juice, Milk & Fruit LUNCH: Chicken Tenders/Roll Green Beans Pineapple Milk	23 BREAKFAST: Yogurt & Graham Juice, Milk & Fruit LUNCH: French Toast/Sausage Hash Brown Banana Milk	24 BREAKFAST: Cinnamon Roll Juice, Milk & Fruit LUNCH: Quesadilla Black Beans Orange Milk	25 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Texas Straw Hats (Fritos, Chili and Cheese) Apple Milk	26 BREAKFAST: Sausage Gravy & Biscuit Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
29 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Chicken Sandwich Green Beans Pineapple Milk	30 BREAKFAST: Mini French Toast Juice, Milk & Fruit LUNCH: Beef & Cheese Nachos Refried Beans Orange Milk	1	2	3

### ***News***

Menu is subject to change due to availability of product. Fredericktown School Utilizes a provision of the national school lunch program referred to as OFFER VS SERVE. This allows the students the right to refuse up to two lunch items or breakfast item on the planned menu. One item at lunch must be ½ cup of fruit or vegetable. If the child refuses one or two items the full price is still charged, therefore we encourage students to take the full menu offered.

#### PRICES:

Breakfast: 1-5 \$1.25,  
6-12 \$1.50, Adult \$1.85.  
Reduced 0.30  
Lunch: 1-5 \$2.35,  
6-12 \$2.60, Adult \$3.35  
Reduced \$0.40

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#### EVERYDAY

HS/JR High Cold bar with fresh fruit and fresh vegetables.  
Elementary Carrots are offered daily.