



# JANUARY | 2019

## FREDERICKTOWN SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 NO SCHOOL	2 NO SCHOOL	3 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Hot Dog Baked Beans Apple Milk	4 BREAKFAST: Cereal Bar Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
7 BREAKFAST: Pop Tart Juice, Milk & Fruit LUNCH: Chicken Nuggets/Roll Green Beans Pineapple Milk	8 BREAKFAST: Mini Waffles Juice, Milk & Fruit LUNCH: Cheeseburger French Fries Apple Milk	9 BREAKFAST: Omelet/Toast Juice, Milk & Fruit LUNCH: Corn Dog Baked Beans Mixed Fruit Milk	10 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Texas Straw Hat (Fritos, Chili & Cheese) Orange Milk	11 BREAKFAST: Pancake Wrap Juice, Milk & Fruit Lunch; Pizza Salad Applesauce Milk
14 BREAKFAST: Mini Pancake Juice, Milk & Fruit LUNCH: Bosco Sticks W/Sauce Broccoli Peaches Milk	15 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Chicken Sandwich Green Beans Pineapple Milk	16 BREAKFAST: Apple Muffin Juice, Milk & Fruit LUNCH: Taco Refried Beans Orange Milk	17 BREAKFAST: Yogurt & Graham Juice, Milk & Fruit LUNCH: Grilled Cheese/Pickle Soup Apple Milk	18 BREAKFAST: Bagel & Cream Cheese Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
21 NO SCHOOL	22 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Quesadilla Broccoli Orange Milk	23 BREAKFAST: Sausage Gravy Biscuit Juice, Milk & Fruit LUNCH: Chicken Tenders/Roll Green Beans Apple Milk	24 BREAKFAST: Mini French Toast Juice, Milk & Fruit LUNCH: Beef & Cheese Nacho Black Beans Peaches Milk	25 BREAKFAST: Cinnamon Roll Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk
28 BREAKFAST: Cereal & Cheese Juice, Milk & Fruit LUNCH: Chicken Nugget/Roll Broccoli Pineapple Milk	29 BREAKFAST: Breakfast Pizza Juice, Milk & Fruit LUNCH: French Toast/Sausage Hash Brown Orange Milk	30 BREAKFAST: Cereal Bar Juice, Milk & Fruit LUNCH: Hot Dog Baked Beans Apple Milk	31 BREAKFAST: Pop Tart Juice, Milk & Fruit LUNCH: Spaghetti/Bread Salad Peaches Milk	1 BREAKFAST: Donut Holes Juice, Milk & Fruit LUNCH: Pizza Salad Applesauce Milk

### News

Menu is subject to change due to availability of product. Fredericktown School Utilizes a provision of the national school lunch program referred to as OFFER VS SERVE. This allows the students the right to refuse up to two lunch items or breakfast item on the planned menu. One item at lunch must be ½ cup of fruit or vegetable. If the child refuses one or two items the full price is still charged, therefore we encourage students to take the full menu offered.

PRICES:  
Breakfast: 1-5 \$1.25,  
6-Adult \$1.50.  
Reduced 0.30  
Lunch: 1-5 \$2.35,  
6-Adult, \$2.60  
Reduced \$0.40

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EVERYDAY  
HS/JR High Cold bar with fresh fruit and fresh vegetables.  
Elementary Carrots are offered daily.